## Free Lunch & Learn



Transitional Care

## **High Blood Pressure**

**Presented by: Tom Strong** 

As we age, 90% of Americans are at risk for high blood pressure! Medical Lecturer, Tom Strong, explains non-medical strategies to help reduce and manage blood pressure.

## Tuesday, February 26th, 2019

11:30 AM: Complimentary Lunch

12 - 1 PM: Tom Strong Presentation

RSVP to Danielle Shaffstall at 440.281.2932 or dbozicevich@riverview-pointe.net by Thursday, February 21st, 2019.

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